

MY
BODY
IS MY
OWN

ROADMAP

TIPS FOR COUNTERACTING MISINFORMATION



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TIPS

These is a set of tips you should follow when you are reading a piece of information about sexual and reproductive rights, in particular regarding VIP (Voluntary Interruption of Pregnancy)

1. Look for multiple sources, more articles on the same case (different media, i.e. podcasts)
2. Images matter: if there is a violent or splatter picture, they are trying to trigger you
3. Language: Seek out articles that use scientific language and non graphic language (pregnant person vs. mother, anti-choice vs. pro-life ; terminating the pregnancy vs. killing the child)



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4. Look for in-depth articles and try to read independent media. Give preference to pieces of information that include details
5. The source is important: try and find pieces of information that are naming their sources
6. Refer to women's associaton and organisations working in the field



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